



INDIGENOUS JOURNEY TO DIABETES WELLNESS

WELLNESS. WISDOM. HEALING. NEW PATHS | NEW POSSIBILITIES



DAY TWO

FRIDAY, MAY 1, 2026		SPEAKER
8:30—8:45 A.M. EST	Welcoming Remarks	
8:45—9:45 A.M.	First Nations Diabetes in Australia	Chris “Bandirra” Lee, Director, Mindirrima Cultural Solutions
9:45—10:05 A.M.	Groundbreaking partnership with Breakthrough T1D to develop resources that reflect Indigenous realities	IDHC Eye Health Worker, Justice Maki Chambers
10:05—10:25 A.M.	Future of Eye Health Screening Initiative—now with ISO certification and a fresh rebrand focused on community capacity. How IDHC is scaling dedicated support through innovative screening technology	IDHC Client Services Manager, Samantha Lascelles
10:25—10:40 A.M.	Five-Minute Movement Medicine Break	IDHC Lead Trainer, Crystal Bomberry
10:40—11:00 A.M.	Introduction of new Chronic Kidney Disease (CKD) testing program and the Lower Limb Preservation Pathway	IDHC, Foot Care Coordinator, Lindsey Cosh IDHC Client Services Nurse, Kyla Stonefish
11:00—11:30 A.M.	What do the <i>gichi-ogiinig</i> (tomatoes) teach me? Reflections on healing, wellness and urban Indigenous food sovereignty	Assistant Professor, Public Health Sciences, Queen's University, Kaitlyn Patterson Postdoctoral Fellow, Dalla Lana School of Public Health, University of Toronto, Sherri Dutton IDHC Director of Programs, Autumn Watson IDHC Knowledge Manager, Jessica Pace
11:30—12:00 a.m.	Travelling the Journey to Wellness: A Canoe Model of Indigenous Wholistic Diabetes Care	IDHC Knowledge Manager, Jessica Pace
12:00—12:30 P.M.	<ul style="list-style-type: none"> Evaluations Final Remarks Elder Closing 	